

2024 BROCHURE



CONTENTS

- 4 Committed to Healthy Movement
- 6 With You Every Step of the Way
- **B** Product Overview
- 10 Cardio
- **20** Console Flexibility
- 22 Strength
- **30** Flexibility, Balance and Coordination
- **34** Connected Solutions
- **37** About Us

COMMITTED TO HEALTHY MOVEMENT

At Matrix, we believe in the quality of life that is supported by movement. Whether living independently or in an assisted living community, those who can access convenient, intuitive tools for movement can preserve their physical capacities and maintain their Activities of Daily Living (ADLs). That's why our extensive portfolio of functional movement solutions meets the needs of specialists who understand just how important movement is to a healthy future.





WITH YOU EVERY STEP OF THE WAY

When you choose Matrix, you're getting a partner who will be there, for your grand opening and every day after.

DESIGNING YOUR VISION

Our team will work with you to bring your vision of fitness to life by helping you select equipment and technology ideal for your goals, your space and the people you serve. We'll even work with you to develop financial solutions that expand your options and maximize your investments.

CREATING YOUR VISION

Count on our commitment to a seamless delivery and installation process, tailored to your schedule. Additionally, your team can look forward to a comprehensive demonstration, empowering them to master the utilization of your new equipment and unleash its full potential.

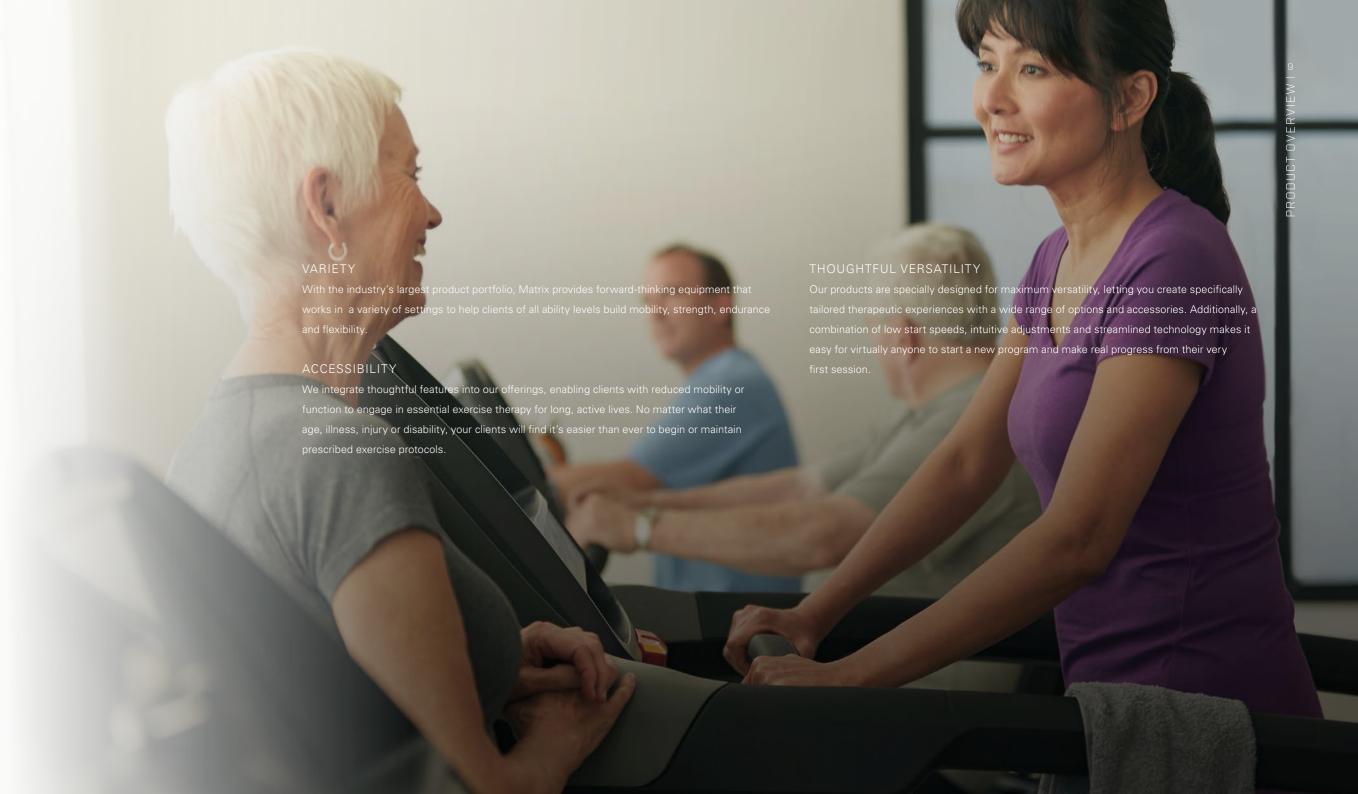
SUPPORTING YOUR VISION

As your dedicated partner, you can rely on our swift service response times, readily available service parts and our unwavering commitment to resolving issues correctly the first time. To enhance the value of your investment, your team will also receive access to Matrix Learning Center, a comprehensive digital resource featuring product training, maintenance tips, on-demand educational videos and more. And count on our marketing support kits to seamlessly engage with your audience, spotlight your brand, and showcase your offerings.

DESIGNS THAT MOVE YOU

At Matrix, we believe in better health. The following pages highlight just a few of our best products for the rehab and active-aging markets. Please ask your Matrix representative if you don't see what you are looking for here.

With over 600 products, we're sure to have a solution that fits your needs.



CARDIO OVERVIEW

CREATED FOR SMOOTHER MOVEMENT

Our complete portfolio of intuitive, durable cardio equipment offers a full range of essential modalities to help your clients get moving in healthy, natural ways. From treadmills that offer a more natural run to smooth-moving ellipticals to cycles that provide unmatched support and more, you'll find that everything we offer makes bringing healthy movement to life easier and better in smart, surprising ways.

ADDRESSING THE CONTINUUM OF CARE

Our cardio equipment serves the complete spectrum of needs, from deconditioned clients to those who just want to maintain well-being. Smart features such as low start speed, low step-on height and rear-entry design accommodate to virtually any ability level on their journey to wellness.

SUPERIOR ERGONOMICS

Your clients will experience unmatched comfort with the sculpted Ergo Form Seat found on all of our exercise bikes, plus enhanced support and optimized weight distribution with our recumbent designs. The smooth contralateral action of our Ascent Trainers and ellipticals mimics the body's natural movements to provide an invigorating cardio experience that's still easy on the joints. And our treadmill motors sync to every footfall so there's never a surge or lag, keeping your clients in perfect rhythm.

EASY ACCESSIBILITY

All of our treadmills, Ascent Trainers and ellipticals feature a low step-on height, making it easy for even your most deconditioned client to get started. Treadmill handrails with neutral-position, angled grips ensure secure entry and exit. Our exercise bikes feature the industry's lowest step-through frames to make access easy for a wide variety of users.

ENDLESS POSSIBILITIES

When it comes to helping your clients reach their goals, your choices make all the difference. That's why we've reimagined our offering, making it easier to choose the solutions right for your budget, your space and the people you serve. Our three cardio series are compatible with five reimagined consoles for exciting combinations of performance and technology. When it comes to giving your clients what they need, it's easy to choose Matrix — and know you've chosen wisely.

PERFORMANCE SERIES For facilities that demand the best, Performance Series provides an unmatched

portfolio of premium cardio equipment. A refined aesthetic sets your facility apart in a way that welcomes clients. Our precision-engineered designs are tested against the highest international standards, ready for constant use. Ergonomically refined touchpoints like seats, handlebars, sealed buttons and smart controls make every experience comfortable, convenient and intuitive. A range of advanced features simplify and reduce service needs to minimize downtime and maximize client satisfaction.



















Endurance Series offers design and flexibility that makes it easy for your facility to maximize its resources with every decision. Streamlined designs simplify the exercise experience while still providing premium performance that can challenge clients to go further. When it comes to durability, everything from Endurance Series is designed and tested to stand up to constant use for years. Best of all, Endurance Series can meet you where you need to be when it comes to features, functions and your budget.























If your space and budget are limited, Matrix has cardio equipment that fits your needs. Choose our Lifestyle Series equipment for value-conscious design, reliable performance and a unified aesthetic that welcomes all the different clients you serve. Simplified operation and low step-on height makes it easy for anyone to get started, even older, deconditioned and rehabbing clients with limited abilities.



SPECIALIZED CARDIO CARE

To better serve the needs of therapeutic, rehab, and active-aging professionals, select cardio products feature design details that will help your clients reach their goals in better, smarter ways. Count on our unique designs to show our commitment to cardio health at every age and stage of life.



R3XM RECUMBENT CYCLE

Our highly adjustable R3xm Recumbent Cycle is specially designed to make healthy movement possible for clients of all kinds. Pedal crank length, seat height and seat orientation are all easily modified to meet unique needs, and the intuitive LED console displays only the information essential to your clients' progress.



LIFESTYLE TREADMILL

The Lifestyle Treadmill makes it easy for clients with limited abilities to get moving. A compact frame with low step-on height makes cardio workouts accessible to anyone, and an optional extended handrail kit offers increased stability during entry and exit for those who need it. Plus, you can count on a reliable drive system and durable deck to keep it running smoothly for years.





PERFORMANCE RECUMBENT CYCLE

Make low-impact cardio workouts accessible to all of your clients with our ultra-durable recumbent cycle. The recumbent design features an ergonomic seat and back that distribute weight for superior support, stability and comfort. The seat adjusts easily with just one hand to fit each new client, while low step-over height, oversized self-balancing pedals and low-watt starting resistance give clients of virtually any age or ability level the chance to get low-impact exercise.



PERFORMANCE HYBRID CYCLE

For cardio exercise that is easy on the joints, nothing outshines our Performance Hybrid Cycle in feel, function and durability.

The 45-degree angle of our innovative command seating position optimizes ergonomics for maximum comfort and efficiency. The seat adjusts easily with just one hand, while low step-over height and comfortably oversized self-balancing pedals make it easy for clients of all kinds to get a low-impact exercise experience.



PERFORMANCE UPRIGHT CYCLE

When it comes to providing smooth-moving cardio exercise and durability that lasts, nothing outrides our Performance Upright Cycle. Multi-position handlebars with elbow rests and refined ergonomic details make even long therapy sessions comfortable. The seat adjusts easily with just one hand to fit each client, while low step-over height and oversized self-balancing pedals make it easy for clients to start the next phase of their sit-to-stand progression.

CUSTOMIZED PROGRESSIONS AS UNIQUE AS YOUR CLIENTS

We know every client is different, with their own needs and journey. Our Ascent Trainers and ellipticals that make it easy to build a progression plan just for them. Explore all the features of our Ascent Trainers and ellipticals to discover more about how their advanced designs can serve your clients' needs.



PERFORMANCE ASCENT TRAINER

When it comes to full-body workouts that are easy on the joints, nothing outperforms our Performance Ascent Trainer. Adjustable incline with variable stride length takes therapy to the next level, engaging glutes, hamstrings and core muscles. Forward and reverse motions help clients regain or even expand range of motion in a comfortable path. Our patented suspension design is completely wheel- and track-free, reducing noise and minimizing friction to extend product life, while constant rate of acceleration provides an ultra-smooth feel all the way through the ellipse.



PERFORMANCE SUSPENSION ELLIPTICAL

Our Performance Elliptical sets the standard for low-impact workouts and stands up to a steady stream of clients. Forward and reverse motions help clients regain or even expand range of motion in a comfortable path. The patented suspension design is completely wheel- and track-free, reducing noise and minimizing friction to extend product life, while constant rate of acceleration provides an ultra-smooth feel all the way through the ellipse. Ergo Form grips, contralateral handlebar action, optimized pedal spacing and oversized pedals make every movement feel natural.

CONSOLES

TECHNOLOGY, FROM THE SIMPLE TO THE SOPHISTICATED

Our diverse collection of consoles gives you choices in what you offer your clients and how you work with them. Sophisticated, easy-to-operate designs provide rich metrics to engage clients and help them reach their goals. You can also access our most powerful Connected Solutions with WiFi-enabled consoles, including Engage 360, Community 360 and Asset Management.









TOUCH XL / TOUCH CONSOLES

Connect your clients to stunning entertainment, social media favorites, motivational communications and much more with the industry's best consoles. WiFi-enabled Touch Consoles feature an appbased interface that mirrors smartphone and tablet operating systems. They provide a smooth, hassle-free exercise experience thanks to complete feedback, Bluetooth and ANT+ connectivity, single-point user login, touch-free RFID login, built-in fan, power save mode with auto wake-up and more. Choose Touch XL (56 cm / 22") for treadmills and ClimbMills from any series, or choose Touch (41 cm / 16") for all Performance, Endurance and Lifestyle Series equipment.



PREMIUM LED CONSOLE

Give clients the simplicity of the classic LED console, now with more engaging color and detail than ever. An 8,000-pixel display fills the screen with color and sharp graphics, providing clear, easy-to-read feedback in large numbers and letters. Convenience features like optional RFID login, headphone jack, fan and reading rack for personal devices make every exercise experience a seamlessly smooth experience.



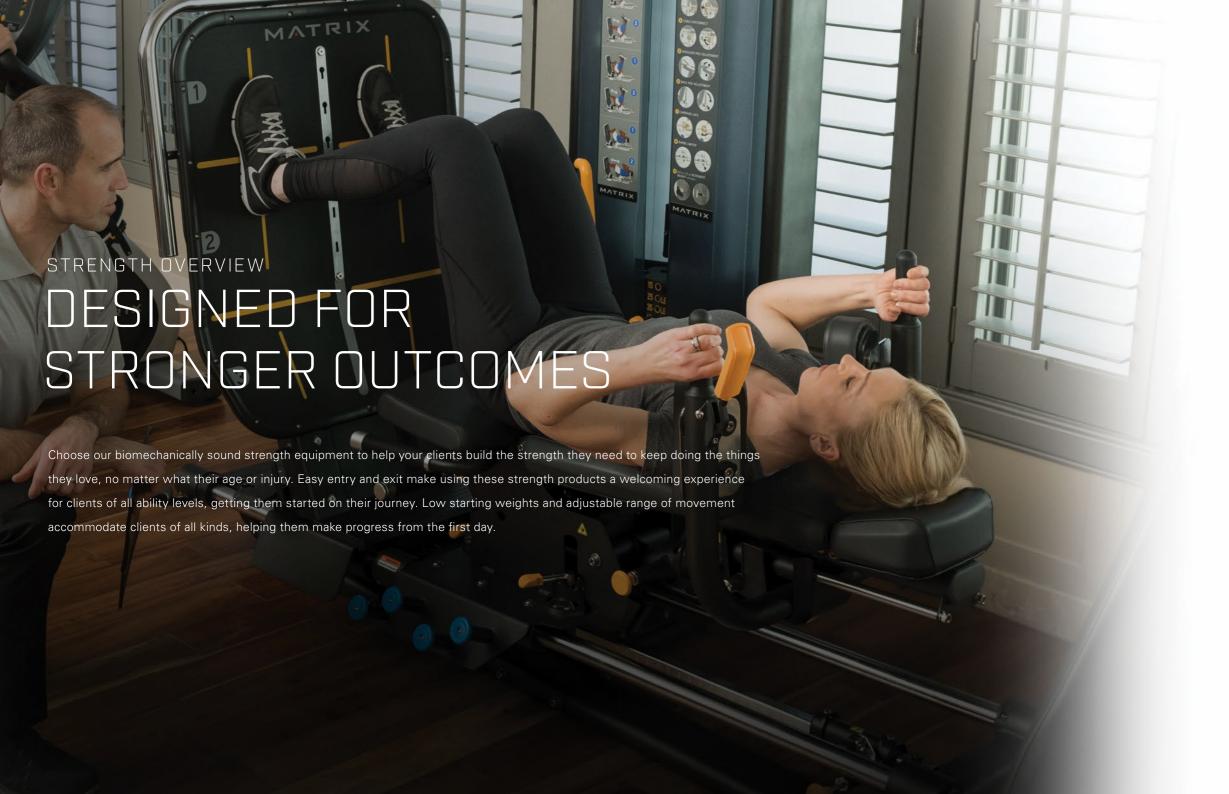
LED CONSOLE

Keep the exercise experience simple for your clients with our easy-to-use, easy-to-read LED Console. Virtually anyone can step up to our LED Console and enjoy the easy navigation of the interface. To keep clients on track for their goals, a large number display and a message center provide complete, easy-to-read feedback. Convenience features include optional RFID login, a headphone jack and a reading rack to keep personal devices easily accessible and in view.



GROUP TRAINING LED CONSOLE

Keep clients focused with a console that features programmable intervals. The interface is easy to navigate, and features like one-touch controls and preset intensity make speed or resistance changes effortless. Our versatile design also makes it easier to work with clients of different ability levels.



FUNCTIONAL STRENGTH FOR EVERYONE

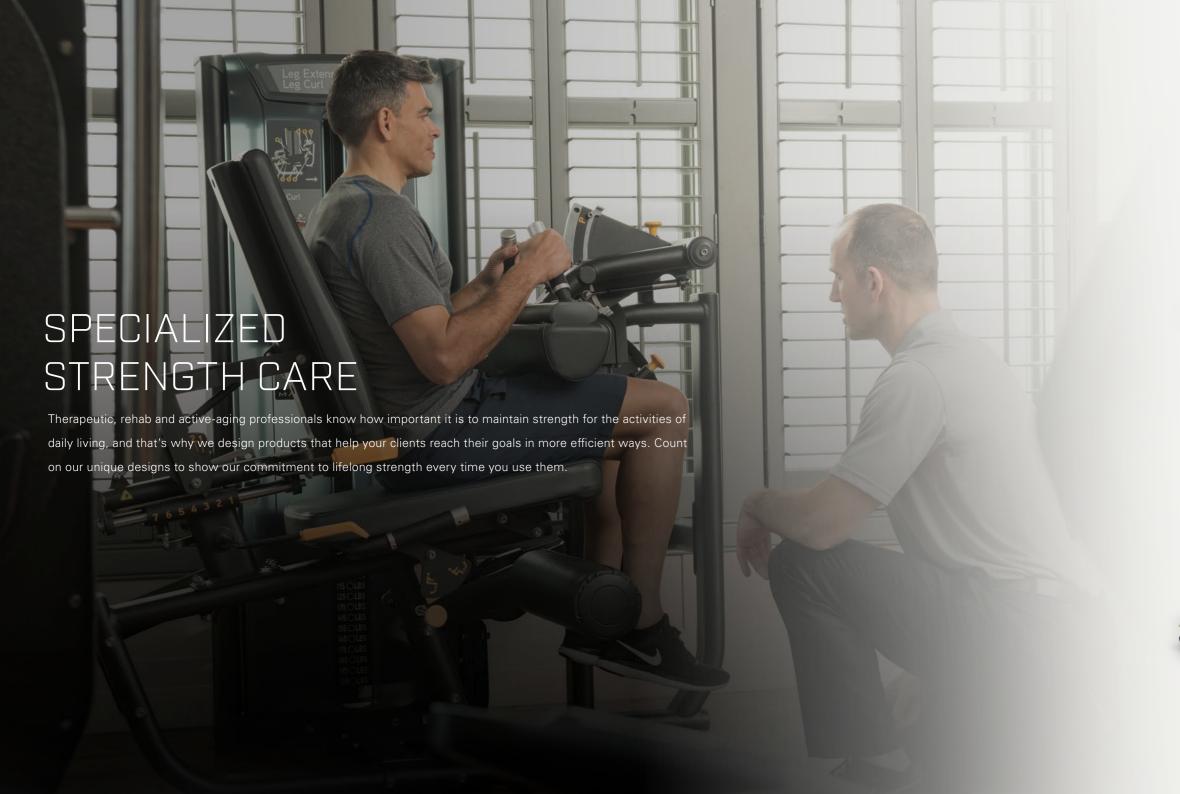
Functional strength is key to maintaining independence, so we offer a wide array of weight stations designed for wheelchair accessibility, easy adjustability and dual functionality for exercise variety. Our Connexus Functional Training System offers virtually endless options for improving daily movement patterns, ideal for post-operative and sports injury rehabilitation. Our wheelchair-friendly Versa Series Functional Trainer also allows for smaller adjustments between resistance levels and a smooth, natural feel for both slow and fast movements.

BIOMECHANICALLY SOUND

All of our strength training equipment is designed with comfort in mind. Function-specific grips reduce stress on contact points, and specifically positioned padding alleviates pain points across the other key bodily contact points. The action of each machine is designed to encourage healthy, natural movements, and all of our adjustment points are clearly marked and easy to access, so every client can experience a perfect fit as they work to improve their functional strength.

INFORMATION & PROGRESS TRACKING

Conveniently located and easy-to-read exercise placards offer a quick reference to targeted muscle groups. Our stations feature high-contrast incremental weight controls that are easy to adjust from the seated position. Certain stations even include integrated electronic counters to track repetitions, activity time and rest time, simplifying the exercise experience and keeping your clients on track as they build functional strength one rep at a time.





VERSA MD ADJUSTABLE PULLEY

Irrespective of age, injury, or physical limitation, the Versa MD Adjustable Pulley aids clients in developing the strength required for healthy movement in their upper body, lower body, and core. With a diverse range of starting points, a low initial weight, and a 1:2 pulley ratio, it facilitates the customization of exercises to suit clients' requirements, enabling them to efficiently progress towards activities they enjoy.



VERSA MD LEG PRESS

Helping individuals across age groups and regardless of injury or physical restriction, the Versa MD

Leg Press assists in building lower body strength crucial for everyday activities. Its adaptable design incorporates features like a carriage lockout and gasassisted foot platform, facilitating quick adjustments to range of motion to prevent overextension. Band hooks integration further enhances exercise variety and training style, introducing elastic resistance for rehabilitation and progression programs.



VERSA MD LEG EXTENSION / CURL

Catering to clients of all types, the Versa MD Leg Extension/Curl contributes to the development of hamstring and quad strength essential for healthy movement, regardless of age, injury, or physical limitation. Featuring a versatile and easily adjustable combination unit, it allows targeted exercise tailored to individual needs, with customizable weight, position, and range of motion that protects clients from overextending.



MI BACK TRAINER

The MI Back Trainer helps clients build the functional strength they need to recover from lower back injuries and prevent future injuries. A patented design based on scientifically validated research includes pivoting hip pads that adjust to three precise angles to target the different muscles of the lower back. It stabilizes the pelvis to mimic a natural, healthy pelvic motion and relieves pressure on support structures as clients go through vertical, diagonal and side-bend progressions for a complete workout.

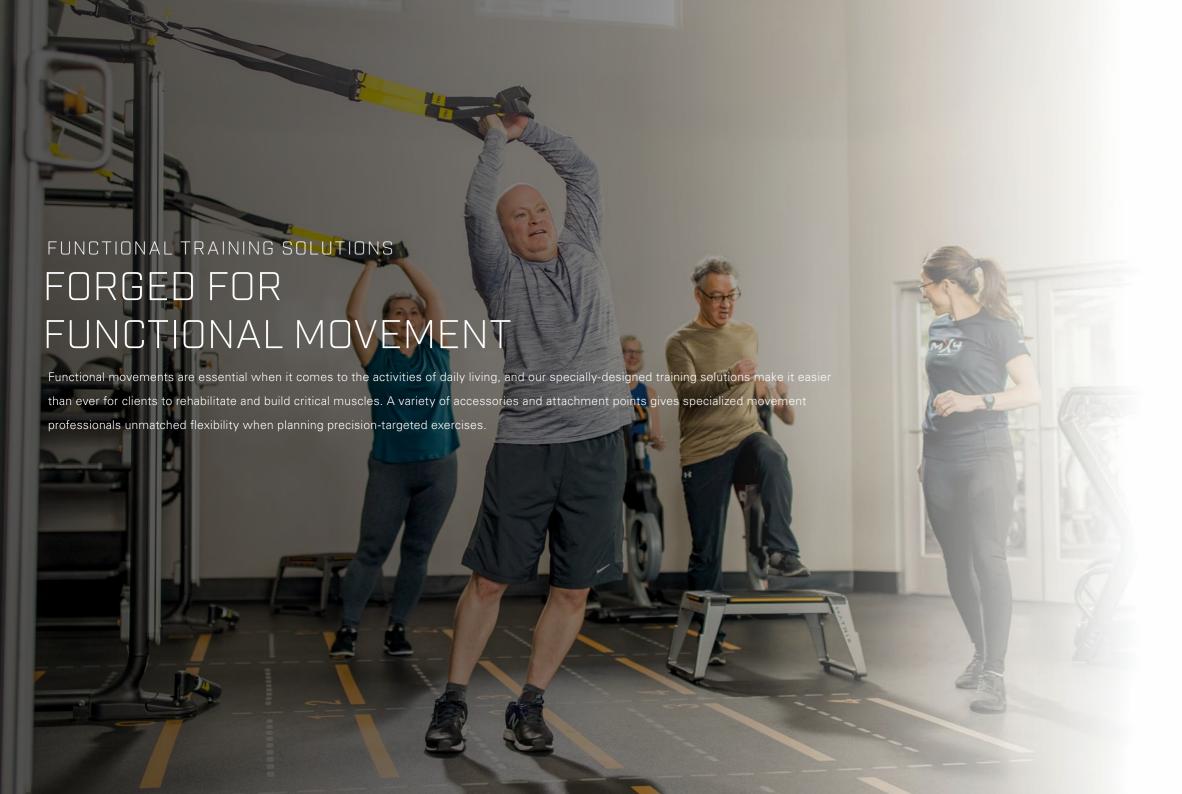
Visit matrixfitness.com to view our full product selection.



GO SERIES CIRCUIT TRAINING

Now you can make circuit training a part of the continuum of care with our compact and easy-to-use Go Series. Minimal adjustments, easy-access design and intuitive operation help clients get started quickly and transition smoothly between stations. Clearly numbered adjustment points make each client's starting point easily identifiable and repeatable, so they can move through the circuit efficiently and get a total body workout in a communal environment. Back-to-back designs improve traffic flow in busy areas, while low stack height creates a welcoming aesthetic and clear sight lines that help staff connect with clients more easily.

Visit matrixfitness.com to view our full product selection.







CONNEXUS CREST

Maximize functional training potential even in compact spaces with the Connexus Crest. Clearly defined training stations instill confidence in clients, while an integrated device holder allows them to access prescribed workouts and entertainment, aiding their wellness journey. With a low starting weight and a 1:2 pulley ratio, exercises can be tailored to individual needs, facilitating efficient progressions. The wheelchair-accessible design ensures inclusivity, while centralized storage grants easy access to a variety of training accessories, streamlining transitions between exercises.

*Product shown with optional accessories.

Visit matrixfitness.com to view our full product selection.

CONNEXUS EDGE

Our versatile Connexus Edge offers convenient access to accessories, multiple attachment points, and clearly defined stations, empowering you to craft tailored training programs that restore and enhance function for your clients. By consolidating flexibility, strength, coordination, and motor control exercises, the Connexus Edge maximizes valuable training time, enabling patients to achieve comprehensive rehabilitation goals effectively.

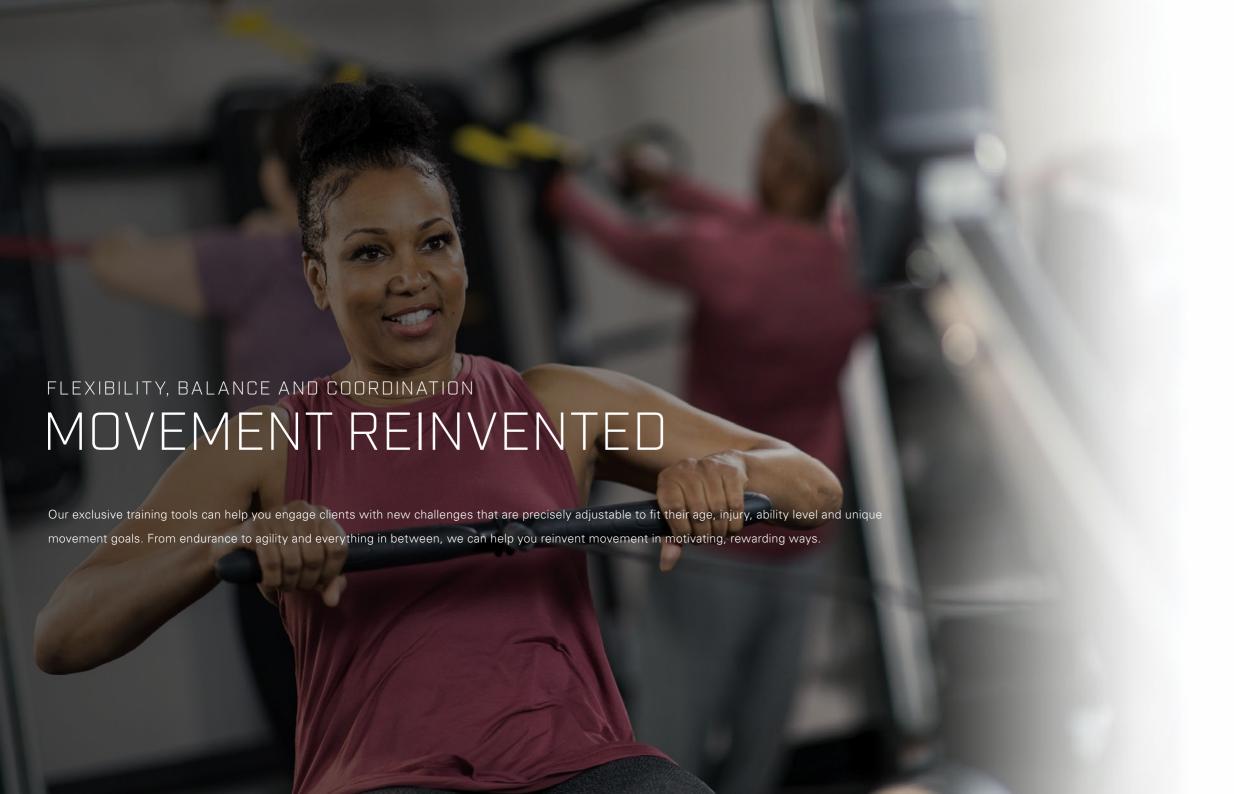
*Product shown with optional accessories.



VERSA FUNCTIONAL TRAINER

The space-saving, wheelchair-accessible design of our functional trainer provides a range of options for retraining movement patterns during rehab. Incremental weight adjustment and a 1:2 pulley ratio make it easy to control intensity and create progressions. Color-coded adjustment points and illustrated exercise placards make operation intuitive, and it accommodates seated exercise with a bench, chair or stability ball. A 76 cm / 30" connection (VS-VFT30) provides convenient storage for accessories, while the enclosed design protects the unit's moving parts and creates a solid, cohesive aesthetic. VS-VFT18 Functional Trainer with 46 cm / 18" connection also available to accommodate optional training handles.

*Product shown with optional accessories.



LOW-IMPACT EXCELLENCE

Low-impact exercise is critical for clients struggling with joint pain, severe deconditioning or recent injury, and our exclusive products serve these clients better than anything else. Our S-Drive Performance Trainer offers a true zero starting speed to help users begin at their own pace while still challenging them to progress. The ultra-smooth strokes of our rower provide a cardio experience that can range from gentle to intense while virtually eliminating impact stress on joints.

A BALANCED WAY TO MOVE

When it comes to enhancing, refining or rebuilding your clients' flexibility, balance and coordination, our exclusive products provide exciting new options. Our S-Drive Performance Trainer features an adjustable harness that allows for a complete upper-body range of movement while also helping clients take on lateral movements that are just right for their ability level.

CONVENIENCE IN DESIGN

Our versatile, use-anywhere Connexus Step+ is both smart and space-efficient, offering standard and inverted configurations to help your clients engage in a variety of essential core movements.





CONNEXUS STEP+

A great addition for therapeutic, rehab and active-aging facilities of all kinds, the Connexus Step+ is as space-efficient as it is versatile. Clients of virtually any ability level or age can use the step in two configurations — standard and inverted — to take on a full spectrum of core, lower-body and cardio exercises that are excellent for improving body composition and augmenting overall functional fitness. The smart, stackable design includes a thoughtfully textured balance surface and optimized height, width and depth for use that's as safe as it is effective. Durable construction stands up to hard use.



ROWER

A sleek, compact build that doesn't sacrifice performance makes it easy to fit our rower into your facility, offering clients low-impact cardio exercise that strengthens the entire body. Engineered for exceptional comfort and intuitive use, our rower makes it easier than ever to select resistance levels, set training targets and switch between programs. Accurate, complete data feedback helps clients measure improvement to make the most out of their rehab time. Seat lock provides enhanced stability when getting on and off, heel cups include quick release buckles, and a tilt-up, roll-away design offers convenient storage.



S-DRIVE METRICS

Only the S-Drive Performance Trainer gives you everything you get from self-powered treadmills, weighted sleds, resistance parachutes and harness systems in one space-saving footprint. True zero start serves a wide variety of client needs, perimeter handlebars offer easy entry / exit, and a low-inertia design provides true-to-life ground reaction force and quick deceleration. Clients can also improve overall agility through a mix of forward, lateral and reverse movements, and a unique design makes it easier than ever for specialized movement professionals to refine form with instant feedback. The magnetic brake systems provide repeatable resistance, ideal for creating progressions specific to your clients' needs. S-Drive Metrics includes an intuitive, backlit LCD console that clearly displays speed, time, distance and heart rate (with strap) while offering instant access to interval programming.

CONNECTED SOLUTIONS

GET CONNECTED TO A WORLD OF DIGITAL SOLUTIONS

You want to deliver an unmatched experience when it comes to helping clients reach their goals, and Matrix Connected Solutions give you the flexible tools you need to do it your way, regardless of the size of your facility or budget.

At Matrix, our approach to technology is centered around a robust, open platform. More than a collection of hardware, software and connectivity options, it's a pioneering digital ecosystem that allows you to connect and engage with clients in new ways for better results. It's easier than ever to communicate with clients, chart their progress and adapt to their ever-changing needs.

OUR DIGITAL SOLUTIONS

Matrix offers a range of digital solutions tailored to revolutionize your unique experiences. Our Asset Management System ensures seamless equipment operation, minimizing disruptions and maximizing client care time. This system provides a comprehensive view of equipment status and usage patterns, streamlining service processes with automatic notifications and enabling efficient facility management across multiple locations. Choose our Community 360 app to fosters a vibrant virtual fitness community, enhancing client engagement and loyalty through daily workouts, challenges, and personalized incentives. To take client engagement to the next level, Engage 360 empowers staff to connect with clients wherever they are, offering access to a vast training library, personalized workout assignments, and progress tracking options. By leveraging these innovative digital solutions, professionals can focus on guiding clients on their journey towards wellness while fostering lasting connections and loyalty.

OUR INTEGRATIONS & PARTNERSHIPS

Matrix is dedicated to supporting rehab professionals in realizing their unique vision of client care by offering best-in-class technology integration with third-party organizations. Our mission is to ensure that your existing solutions seamlessly integrate with our equipment, providing a cohesive experience for both staff and clients. As the rehabilitation landscape evolves and new technologies emerge, our integration capabilities will continue to expand, ensuring that your practice remains at the forefront of innovation.

EMPOWERING CONNECTIVITY

With Matrix, you not only gain access to cutting-edge equipment but also benefit from our customized solutions paired with our digital offerings. This powerful synergy enables us to provide tailored solutions that address your facility's unique challenges. Choose Matrix, and let's collaborate to create an exceptional experience that elevates your practice to new heights.



ABOUT US

A GLOBAL MOVEMENT

In 2001, Johnson Health Tech established Matrix Fitness to bring premium fitness equipment to the marketplace. Since then, we've become the fastest-growing commercial fitness equipment brand in the world. Matrix has leveraged continuous innovation and cross-cultural collaboration to emerge as an industry vanguard, constantly challenging standards and raising expectations for fitness equipment design and exercise technology.

Our product portfolio has expanded to over 600 products including strength equipment, cardio platforms, group exercise modalities, athletic performance training tools, fitness technology, integrated HIIT workouts, turnkey programming and much more. With over 30 subsidiaries around the world, Matrix is uniquely equipped to meet fitness and wellness needs in every corner of the globe. Today, Matrix Fitness is dedicated to serving fitness facilities of all kinds, setting them apart in ways that make a difference.

OUR SUBSIDIARIES OUR WORLDWIDE NETWORK

AUSTRALIA / NEW ZEALAND Johnson Health Tech Australia Pty. Ltd.

BRAZIL

Johnson Health Tech Brasil

CANADA

Johnson Health Tech Canada

CHINA

Johnson Health Tech (Shanghai) Co., Ltd.

CZECH REPUBLIC / SLOVAKIA Johnson Health Tech CZ & SK a.s.

DENMARK

Johnson Health Tech Denmark ApS

FRANCE

Johnson Health Tech France

GERMANY / AUSTRIA Johnson Health Tech GmbH

GREECE / BULGARIA / CYPRUS Johnson Health Tech Hellas SA

Johnson Health Tech Hong Kong

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ITALY

Johnson Health Tech Italia Spa

Johnson Health Tech Indonesia

KOREA

Johnson Health Tech Co., Ltd. Korea

Johnson Fitness (Malavsia) SDN, BHD.

MEXICO

Johnson Health Tech Mexico

NETHERLANDS / BELGIUM /

LUXEMBOURG Matrix Fitness Benelux

PHILIPPINES

Johnson Health Tech Philippines Inc.

Johnson Health Tech Romania

Johnson Health Tech Ibérica SL

SOUTH AFRICA

Johnson Health Tech South Africa (PTY) Ltd.

SWITZERLAND

Johnson Health Tech (Schweiz) GmbH

TAIWAN

Johnson Health Tech Taiwan

THAILAND / CAMBODIA / LAOS / MYANMAR

Johnson Health Tech (Thailand) Co., Ltd.

TURKEY

Johnson Health Tech Turkey

POLAND UNITED ARAB EMIRATES / SAUDI ARABIA Johnson Health Tech Sp. Z. O. O. / KUWAIT / DATAR / DMAN / JORDAN

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